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THE GREAT PET MYSTERY: DO DOGS AND CATS HAVE BELLY BUTTONS?

It is a question that has likely crossed the mind of every pet owner while rubbing their dog's belly or watching their cat stretch out on the floor. You run your hand along that soft, warm tummy and a sudden curiosity strikes: Do dogs and cats have belly buttons? The answer might surprise you. While you won't find the prominent innie or outie that humans possess, the simple truth is that yes, both dogs and cats absolutely have belly buttons. They just look very different from what we are used to seeing on our own bodies. In this article, we will explore the anatomy, the myths, and the fun facts behind the umbilical scars of our furry friends, diving deep into what the navel actually signifies and how to find your pet's hidden mark.

WHAT EXACTLY IS A BELLY BUTTON?

Before we can appreciate the belly buttons of animals, we need to understand what a belly button is in the first place. In all placental mammals—which includes humans, dogs, and cats—the belly button is simply a scar. This scar is left behind after the umbilical cord, which connects the developing fetus to the mother's placenta, is removed at birth. The umbilical cord supplies oxygen and nutrients to the growing baby and removes waste products. Once the baby is born, the cord is no longer needed. It is clamped, cut (or in the case of animals, chewed off by the mother), and the remaining stump dries up and falls off within a few days. What remains is a small, healed scar: the navel, or belly button. The size and shape of this scar depend on how the umbilical cord was severed and how the tissue healed. In humans, we tend to see a more pronounced depression or protrusion, but in most four-legged mammals, the scar heals as a very flat, almost invisible line.

DO DOGS HAVE BELLY BUTTONS?

Yes, dogs do have belly buttons. However, if you are expecting something that looks like a human belly button, you might be disappointed. A dog's belly button appears as a small, flat, horizontal scar or a tiny oval patch of skin that is slightly different in texture from the surrounding belly. It is usually located on the midline of the abdomen, just below the ribcage and a little higher than you might expect. Because dogs are covered in fur, the belly button is often hidden from plain sight. You might need to part the fur carefully on a relaxed, lying-down dog to spot it. In many dogs, the scar is so subtle that it feels like a slight indentation or a small firm spot when you run your finger over the area. Some dogs may have a small tuft of hair that grows in a different direction at the site of the navel. So the next time you are giving your dog a belly rub, try searching for that tiny mark—it is a sign of their mammalian heritage.

Where to Find Your Dog's Belly Button

To locate your dog's navel, have your dog lie on its back in a relaxed position. Look at the lower abdomen, but not too far down near the genital area. The belly button is typically located about midway between the ribcage and the pelvis, right on the midline. In many dogs, especially those with short hair like Boxers or Beagles, you might see a small circular or linear scar. In long-haired breeds, you may need to part the fur with your fingers. Be gentle—it is a sensitive area. If you feel a small, firm bump or a little depression that seems out of place, you have likely found the belly button. Do not confuse it with a skin tag or a nipple; male dogs also have nipples (usually eight arranged in two rows), and those are much more prominent than the tiny navel.

DO CATS HAVE BELLY BUTTONS?

Just like dogs, cats absolutely have belly buttons. And just like their canine counterparts, feline belly buttons are remarkably inconspicuous. A cat's navel is even harder to find than a dog's because cats have very fine, dense fur and often a less prominent scar. The belly button of a cat is a small, flat, and often almost invisible scar located on the midline of the abdomen, about halfway between the ribcage and the pelvis. To find it, you need to examine your cat when it is calm and lying on its back. Part the fur gently—you are looking for a tiny oval patch of skin that may be slightly lighter or darker than the surrounding area. Sometimes it looks like a small freckle or a little mole. In kittens, the belly button may be slightly more noticeable because the abdomen is less fluffy, but as the cat matures, the scar continues to flatten out. Many cat owners live their entire lives without ever noticing their cat's belly button, simply because it is so well hidden.

The Feline Navel: A Tiny Scar

Interestingly, in cats, the umbilical cord is bitten off by the mother cat very close to the kitten's body. The mother then licks the area clean, which stimulates healing and helps the umbilical stump dry out quickly. The result is a minute scar that often disappears into the fur. If your cat has a little "outie" belly button, it could actually be a sign of an umbilical hernia—a condition where a small loop of intestine or fat protrudes through the abdominal wall at the site of the umbilical scar. While most feline belly buttons are flat, a small, soft swelling right at the navel should be checked by a veterinarian. However, for the vast majority of cats, the belly button is just a subtle souvenir of their birth.

WHY DO DOG AND CAT BELLY BUTTONS LOOK SO DIFFERENT FROM HUMANS?

This is the most common point of confusion. Humans typically have a distinctinnie or outie belly button, while animals have a nearly invisible flat scar. The difference comes down to how the umbilical cord is treated after birth. In humans, the cord is clamped and cut with a tool, leaving a stump that is about an inch long. The stump dries and falls off over one to two weeks, and the scar that forms is influenced by how the skin heals around the base. The end result is often a deep depression (innie) or a small protrusion (outie). In dogs and cats, the mother severs the umbilical cord with her teeth, typically very close to the puppy’s or kitten’s body. She also licks the area repeatedly, which not only cleans the wound but also keeps the scar very flat. The licking stimulates blood flow and prevents the formation of a protruding scar. Additionally, the orientation of the body plays a role. In quadrupeds, the belly is always downward, and the constant pull of gravity combined with fur growth helps keep the scar flat and hidden.

COMMON MYTHS ABOUT ANIMAL BELLY BUTTONS

One of the most persistent myths is that only humans have belly buttons. Another myth suggests that animals don’t have belly buttons because they are born differently. In truth, every placental mammal—including dogs, cats, horses, elephants, and even whales—has a belly button. Marsupials like kangaroos do not have a true belly button because their development occurs in the pouch, but that is a different story. Some people also believe that if you can’t see it, it doesn’t exist. The reality is that the navel is a universal scar of mammalian life. Another myth is that the belly button is connected to something inside the body throughout life. In fact, after birth, the internal parts of the umbilical cord (the ligamentum teres in the liver) become fibrous cords that serve no function. The external scar is purely cosmetic.

HEALTH CONSIDERATIONS: WHEN YOUR PET’S BELLY BUTTON MIGHT MEAN SOMETHING

While a normal belly button is just a harmless scar, there are times when the area around the navel can signal a health issue. The most common condition is an umbilical hernia. This is especially frequent in puppies and kittens. An umbilical hernia feels like a small, soft, squishy lump at the site of the belly button. It occurs when the abdominal muscles do not close completely after birth, allowing abdominal contents to push through. Small hernias often close on their own within a few months, but larger ones may require surgery. Another issue to watch for is infection. If the umbilical cord stump does not dry properly in a newborn, or if the mother is not diligent about cleaning, an

infection (omphalitis) can develop. This looks like redness, swelling, or discharge around the navel. In very rare cases, a tumor can form at the umbilical site. If you notice any new lump, redness, or your pet licking the area excessively, it is always wise to consult a veterinarian.

BELLY BUTTONS IN THE ANIMAL KINGDOM: MORE THAN JUST CATS AND DOGS

Once you start looking, you realize that belly buttons are everywhere in the animal world. All placental mammals have them. In horses, the navel is a small, flat scar located on the midline of the belly. In elephants, the belly button is surprisingly large and can be seen as a distinct circular patch. In marine mammals like dolphins, the belly button is a long, horizontal slit that is clearly visible on their smooth skin. Even some species of whales have a prominent naval. So the next time you see a picture of a dolphin or a dog, you can confidently say, “Yes, they have a belly button.” It is a humble yet profound connection to our shared evolutionary past. The navel is a silent witness to the miracle of birth across species.

HOW TO SATISFY YOUR CURIOSITY SAFELY

If you are now determined to find your pet’s belly button, approach the search with patience and gentleness. For dogs, a belly rub session is the perfect opportunity. For cats, wait until your feline friend is drowsy and relaxed. Gently part the fur on the midline of the lower belly. You are not squeezing or poking—just looking. Use good lighting and maybe even a magnifying glass if you are truly dedicated. Do not be alarmed if you cannot find it. Many pets have such subtle navels that they are indistinguishable from the surrounding skin. That does not mean it is not there. It simply means your pet has a very flat, well-healed scar. And if you do find it, you have discovered a tiny, hidden piece of your pet’s origin story.

CONCLUSION: YES, THEY DO—JUST LOOK CLOSER

So, do dogs and cats have belly buttons? The answer is an emphatic yes. These little scars are reminders that our pets are mammals just like us, born with an umbilical cord that once nourished them in the womb. However, their belly buttons are not the decorative innies and outies we are used to seeing. Instead, they are discreet, flat, and often hidden beneath a coat of fur. This difference is due to the mother’s natural way of biting the cord close to the body and licking the area clean. Whether you are a curious owner, a science enthusiast, or someone who just loves a good trivia, knowing that your dog or cat has a belly button adds another layer of wonder to your relationship with them. Next time you give your furry friend a tummy rub, take a moment to appreciate that tiny, ancient scar—a humble but powerful symbol of life.